

# OPERATION LIFE - APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)



*"Everyone  
can make a  
difference  
in  
preventing  
suicide"*

Anyone can learn the skills to intervene and save a life from suicide. The suicide first aid learned in the ASIST workshop can help all of us see, hear and respond to people in need.

This two-day education and skills based workshop is provided free to the veteran community.

**9.00am – 5.00pm**  
**Monday 23rd & Tuesday 24th March**  
**Adelaide, SA**

To register for the ASIST workshop, call 1800 011 046 or visit [OpenArms.gov.au](http://OpenArms.gov.au) and search for 'Applied Suicide Intervention Skills'

